



# EXPLANATION OF VIDEO CAPSULE TEST

*Gastroenterology Clinic  
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# WHAT IS THE CAPSULE TEST?



- The capsule is a pill – sized camera
- The capsule checks your digestive system, and, in particular, is designed to check the small intestine.
- The capsule allows us to look inside the intestine, and sends images to a recording device, worn on your body.

## FINDINGS THAT CAN BE DIAGNOSED WITH THE CAPSULE:



- The most common reason for using the capsule is to look for the source of bleeding in the small intestine.
- The test can be useful for finding polyps, inflammatory diseases (Crohn), ulcers, growths or other diseases of the small intestine.

## WHAT HAPPENS IN THE CAPSULE TEST?



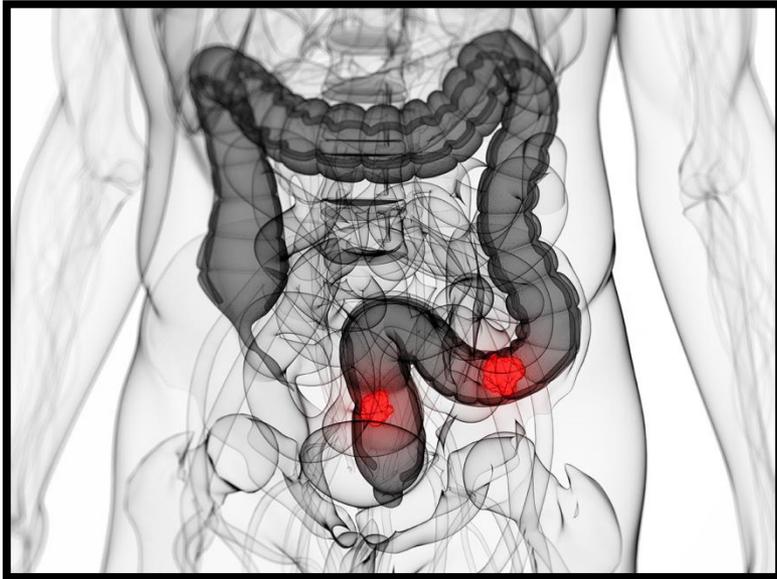
- A foreign object is inserted into your body, and so the test requires your signing an informed consent.
- The test begins with you swallowing the capsule.
- Later, you will be connected to a device, fixed by a belt, close to your stomach. At this stage you can go home.

## WHAT HAPPENS IN THE CAPSULE TEST?



- After being swallowed, the capsule photographs the wall of the intestine, and sends the image to the recording device.
- After you swallow the capsule, you should not feel anything unusual.
- Later, your physician will look at the images and will decipher the test.

# COMPLICATIONS IN THE TEST:



Complications from the capsule are rare, but nevertheless possible, as a result of swallowing a foreign object:

- The capsule can stop in an area where there is a narrowing of the digestive system, which could, in turn, cause a blockage of the intestine.
- Possible symptoms of intestinal blocking include: abnormal swelling of the stomach, stomach ache, nausea, and/or vomiting.
- In any event of fever, difficulty in swallowing or chest pain, advise your physician immediately.

## HOW TO PREPARE FOR THE TEST



- Patients under the age of 18, or those incapable of signing an informed consent, require the involvement of a parent or guardian.
- The best, and safest, way to conduct the test, is when your stomach is empty. So, do not eat or drink for approximately 12 hours before the test. Moreover, do not eat meat, fruit or vegetables for a full day before the test.

## AFTER THE TEST HAS BEGUN:



- Two hours after swallowing the capsule, you can drink water.
- After four hours, you can have a light meal.
- Ten hours after swallowing the capsule, you can remove the recording device and the belt.
- The capsule is likely to leave your body, into the toilet, after a few hours, or up to a day. There is no need to put it back.
- If you notice that after a week, the capsule has not left in an excretion, please let us know.
- The results of the test will be sent to your home within two weeks.

The staff of the Gastroenterology  
Clinic wishes you good health  
and good luck.